Hendrik J Ensing

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PROFESSIONAL DEVELOPMENT 2026

Being Human in the Age of Technology (2026)

Human-centred design, formal software development, safety-critical systems, and the importance of designing health and technology systems that are usable, reliable, and trustworthy in real-world contexts. Professor Judy Bowen, University of Waikato.

Continuing Education Counseling Training, Florida (2026)

International Association of Marriage and Family Counselors (IAMFC), Winter Conference, Certificate of Continuing Education (11 NBCC hours recognised by ACA — American Counseling Association) at Nova Southeastern University, Fort Lauderdale, Florida, USA.

PRESENTED PAPERS

Lead Presenter, international IAMFC Winter Conference 2026

Delivered at Nova Southeastern University, Fort Lauderdale, Florida, United States. Convened by the International Association of Marriage and Family Counselors (IAMFC), a division of the American Counseling Association (ACA).

SELECTED ADVANCED TRAINING SESSIONS COMPLETED

Nova Southeastern University, Fort Lauderdale, Florida, USA

- Learning and Skills Development in Conducting Systems Theoretical Counselling Approaches — Zaidy Mohd Zain
- Humanistic Experiential Awareness & Real-Time Training (HEART Model): A Comprehensive Clinical Training Model for Couples Work — Amber Moss
- Rooted in Resilience: Self-Care for Mental Health Professionals in Uncertain Times — Fariha Niaza & Shazia Akhtarullah
- The Ties That Hold: The Power of Love and Loyalty — Hoda Hassan
- Humility as a Path to Authentic Therapist Connection — Suomala Folkerts, Coursol D., & Kaus K.
- Strengthening Family Dialogue: Using Relational Questions as a Bridge to Deepen Family Interactions Amidst Ethical Dilemmas — Wile D. W. & Clarke R.
- Scrolling for Perfection: Helping Families Reconnect in a Filtered World — Owens A. & Mascarenas A.
- Helping Couples Rebuild Safety, Trust, and Connection Following Infidelity — Rodriguez A.
- Coming Home Again: Best Practices for Integrating Religion and Spirituality into Marriage and Family Counselling

CORE MODALITY CERTIFICATION

Certificate | Advanced Skills in Narrative Practice: Narrative-Informed Relational Interviewing (NIRI) with Conflicted Couple Relationships (2023)

CECs recognised by Canadian Counselling and Psychotherapy Association (CCPA). Vancouver School of Narrative Therapy (VSNT).

POSTLIMINARY STUDIES

Breaking The Cycle: Freeing Clients from Sex Addiction, Porn Obsession and Shame (2026)
Presenters/Authors: George Collins (MA), Andrew Adleman (MA), Dawn-Elise Snipes (PhD, LPC-MHSP, LMHC). Training Provider: AllCEUs. 16 contact hours. Completed as part of the Sex and Pornography Addiction Recovery Certification (SPARC) program, within a 182-hour certificate pathway focused on clinical work with behavioural addictions, including sex and pornography.

Professional studies undertaken through AllCEUs in the Sex and Pornography Addiction Studies (SPARC) program, contributing toward advanced certification in addictions counselling (2026).

Behavioral Health: Process Addictions and Behavioral Compulsions (In Training)
Currently undertaking professional studies through AllCEUs in the Sex and Pornography Addiction Studies (SPARC) program, leading toward advanced certification in addictions counseling (2025–2026). Training Provider: AllCEUs.

IPCS, CEUS, & POSTGRADUATE STUDIES

Contextual Cognitive Behaviour Therapy (CCBT) Overview (2025) — Training (2 Contact Hours)
Instructor: Dr. Dawn-Elise Snipes, PhD, LPC-MHSP, LMHC | Training Provider: AllCEUs
Completed a course exploring the principles of Contextual Cognitive Behaviour Therapy. Topics included the role of context in shaping experiences, the influence of context on addiction and mental health, and the application of acceptance, awareness, mindfulness, and psychological flexibility across diagnoses.

Acceptance and Commitment Therapy (ACT) Overview (2025) — Training (8 Contact Hours)
Instructor: Dr. Dawn-Elise Snipes, PhD, LPC-MHSP | Training Provider: AllCEUs
Completed a course introducing the principles and practice of Acceptance and Commitment Therapy (ACT). Topics included mindfulness, experiential avoidance, the six core ACT principles, therapeutic interventions, confronting client agendas, and understanding healthy versus destructive patterns of behavior.

Overview of Sex and Pornography Addiction (2025) — Training (4 Contact Hours)
Instructor: Dr. Dawn-Elise Snipes, PhD, LPC-MHSP | Training Provider: AllCEUs
Completed a course exploring the nature and treatment of sex and pornography addiction. The training covered definitions and diagnostic distinctions, parallels with substance addiction, early recovery strategies, therapeutic tools, and approaches for involving significant others in the recovery process.

Youth and Porn: Understanding and Navigating the Issues (2024)
At the NZAC Webinar, sex therapist Jo Robertson explored how online pornography affects young people in Aotearoa, offering practical ways to build resilience and promote open, shame-free conversations.

Helping Clients Cope and Heal from Sex Addiction–Intimacy Anorexia (SA–IA) (2024)
This 2024 training, presented by psychologist Dr. Janice Caudill, introduced therapists to intimacy anorexia, its connection to problematic sexual behaviors, and effective therapeutic approaches for individuals and couples.

Working with People Facing Despair, Unworthiness, and Suicidal Thoughts (2024) — CEU Certificate
Postliminary Intensive through the Narrative Therapy Initiative (NTI, Medford, MA, USA), focusing on moving beyond risk assessment toward stories of resistance and hope.

Multidimensional Partner Trauma Model Training (2021) — CEU
Completed through the Association of Partners of Sex Addicts Trauma Specialists (APSATS), a U.S.-based nonprofit providing professional training and support for partners affected by sexual betrayal and trauma.

Conflict Resolution – Restorative Approaches (2019) — ICP
University of Waikato, Hamilton, NZ. A full-semester paper covering mediation, restorative practices, and the application of a narrative perspective to facilitate collaborative conflict resolution.

Same-Gender Attraction, Pornography Addiction, and Integrative Behavioural Couple Therapy (IBCT) (2013)
A 2013 training by Family Services presented by Michael Satele and Paulo Bisogno, registered psychologists.

UNDERGRADUATE DEGREES

- Associate of Science (AS), BYUH
- Bachelor of Education (BEd), University of Waikato (UoW)

CODE OF ETHICS

I practise in alignment with the ethical framework of the International Association of Marriage and Family Counsellors (IAMFC). All professional activities comply with the Health Practitioners Competence Assurance Act 2003 (HPCA Act).

I am a member of the International Association of Marriage and Family Counsellors (IAMFC); membership does not imply registration or licensure.

No professional identity claims are made, either explicit or implied; my work is represented through a clearly defined scope of practice, i.e. Narrative-Informed Relational Interviewing.

APPROVALS FOR TRAINING

- **CCPA:** CECs recognised by the Canadian Counselling and Psychotherapy Association (CCPA).
- **IAMFC:** a division of the American Counseling Association (ACA), operating under the ACA's governance, ethical framework and professional standards, with its own focus on marriage and family counselling.
- **AllCEUs (provider-stated):** AllCEUs states its courses are approved for continuing education by NAADAC, the Florida Board of Mental Health Counseling, Marriage and Family Therapy, and Clinical Social Work, the New York State Education Department's State Board for Mental Health Practitioners, and several US certification boards (including CCAPP, CADTP, and the Connecticut and Florida Certification Boards).

Completion of AllCEUs courses does not confer licensure, and this summary reflects the organisation's claims of accreditation.